

## ANY QUESTIONS?

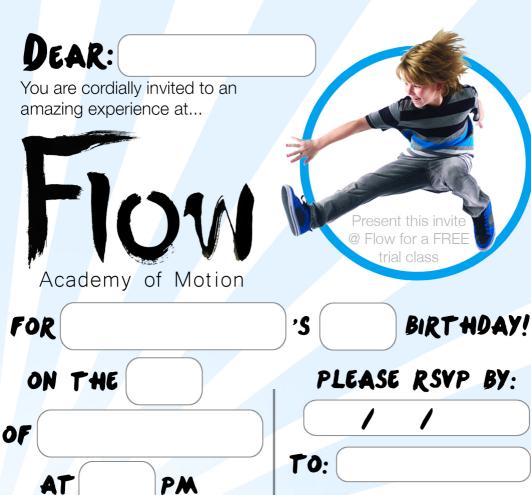
flow@flowacademy.co.nz

- Sports / Parkour shoes
- Unrestrictive clothes
- A positive attitude!



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## ANY QUESTIONS?

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## WHAT TO BRING?

- Sports / Parkour shoes
- Unrestrictive clothes
- A water bottle



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